

YOUR COVA CARE PLAN

July 1, 2015 through June 30, 2016



WHAT'S NEW

- **Prescription drugs now count toward your Out-of-Pocket maximum.** Starting July 1 your medical, behavioral health **and prescription drug costs** all count toward your out-of-pocket maximum of \$1,500 for one person and \$3,000 for two or more persons.
- **Physical Therapy copayment drops to only \$15 per visit.** It was \$25 for a PCP, and \$35 for a specialist visit.
- **Your deductible will increase to \$300 for one person, and to \$600 for two or more people** from the previous \$225/\$450. Only a few medical services require a deductible.
- **LiveHealth Online** lets you see a doctor anytime, anywhere from your smartphone, tablet or computer with a webcam. Your cost is only \$25 – the same as a PCP visit. Download the LiveHealth Online app or go to **livehealthonline.com** and register now.

LiveHealth[®]
ONLINE



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WHAT'S TRIED AND TRUE

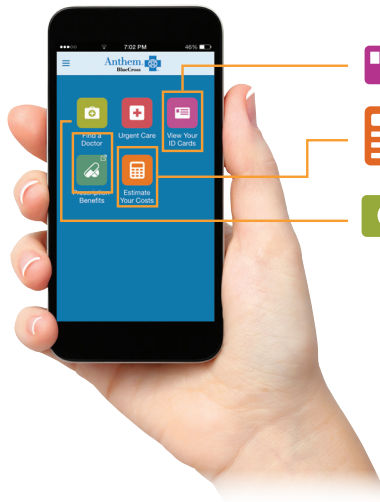


- **Same Anthem network** that includes nearly all of the acute care hospitals and providers in Virginia. Go to **anthem.com/cova** to Find A Doctor, or call us at **1-800-552-2682** and we'll help you.



- **Dedicated COVA website just for you.** Bookmark **anthem.com/cova** as a favorite. That's where you'll find detailed information about your COVA Care plan.

- **Great resources on the go with the Anthem Blue Cross and Blue Shield app.**



- **Mobile ID Card**
- **Estimate your cost for nearly 400 categories**
- **Find a doctor, urgent care center with convenient GPS-navigation**

- **Medical and behavioral health care outside of Virginia and the U.S. with BlueCard.** Included in your COVA Care plan, the BlueCard program gives you national and international coverage at the in-network level. Call **800-810-BLUE (2583)** or visit **www.bcbs.com** to locate a BlueCard provider.



This symbol on the front of your medical ID card lets providers know that you have BlueCard coverage.



- **Always service from the heart.** We've been helping Commonwealth of Virginia employees for more than 40 years. ***It's a privilege we don't take lightly.***



Commonwealth of Virginia

